KGO KICKS SOCCER CLUB

OBJECTIVES:

- To provide a platform for children and youth between the ages of 4-19 to engage in soccer games and practices with peers.
- To instill a positive attitude toward physical health and well-being by engaging youth in fun and rewarding physical activities.
- Promote teamwork, leadership and sportsmanship.

DESCRIPTION:

KGO Kicks Soccer Club participants meet once a week at the local St. Margaret’s Junior Public School to practice their skills. The club is supported by UTSC student volunteer coaches that work with adult resident-leads to build their coaching capacity and teach them about the fundamental of coaching. Youth are taught fundamental skills in soccer theory, teamwork and leadership. UTSC has provided ongoing support by channeling volunteers, supplying equipment, uniforms, and creating a custom training manual. After Friday night practice youth enjoy a nutritious meal cooked by Eat Play Learn program, a fellow Neighbourhood Trust project, in a community kitchen.

PARTNERS:

KGO Kicks Soccer Club works in partnership with the Department of Athletics and Recreation - University of Toronto Scarborough and Eat Play Learn.

IMPACT:

- Approximately 25 participants meet once a week year round.
- UTSC has provided volunteer student coaches to help train youth, equipment, uniforms and a training manual.
- Youth have been exposed to a series of workshops on nutrition, health and practical life skills.
- UTSC student volunteer coaches have gained valuable experience in coaching and community building.

FUTURE PLANS:

UTSC plans to continue to support KGO Kicks via UTSC student volunteer coaches.

A tournament on UTSC grounds is planned for the summer months.